

Dr Isabelle Hung – Chartered Clinical Psychologist

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Summary: Experienced Chartered Psychologist and established expert witness. Areas of experience include criminal and personal injury cases. My broad background, which includes complex care, cognitive assessments, mental health assessments, autism assessments and chronic pain/health conditions, has enabled me to assess and identify multiple difficulties which can affect a person confidently and accurately.

Education: Oxford University – 2000-2003: Experimental Psychology 2:1 BA (Hons)
Essex University – 2008-2011: DClinPsy – Integrative approach

Post-Graduate Training:

2015 – Supervisor training

2014 – Expert Witness parts 1 & 2 (BPS accredited)

2012 – ADOS training for the assessment of autism in adults and children

Recent examples of court work (please contact for examples of written work):

2015 – Criminal case, Crown Court: Client accused of fraud. I was retained to assess whether he was suffering from a manic episode at the time that the offences were committed. I found no evidence of bipolar disorder, but did find evidence of brain injury, which was a mitigating circumstance.

2015 – Personal injury case, County Court: Client had leg pain following a car accident. I was retained to assess whether she met the criteria for chronic pain. My assessment found that she met the criteria for chronic pain and depression.

Clinical psychology jobs:

2013- Private practice & Court work

Present

- Assessment and therapy with adults and teenagers with a range of difficulties
- University and school reports to assess for extenuating circumstances
- Court reports on a range of issues

June 2016- University College Hospitals NHS

Present

- Running pain management groups
- Auditing the data from our groups
- Pain management research

Dec 2015 - Camden and Islington NHS foundation Trust – Primary Mental Health Service

April 2016

- Highly specialist clinical psychologist in charge of triaging referrals to our service from across Barnet area.
- Face to face and phone assessment and therapy with a range of complex cases mood disorders, including autism spectrum disorders and addictions

Band 8a

- Consultation with GPs, hospitals and voluntary organisations.
- Multidisciplinary work with psychiatrist, nurse and social workers.
- Consultation with GPs
- Help to ensure we are meeting CCG requirements through data collection and audit and then presenting the results to them.

- Aug 2014 - Oxleas NHS Trust – Dementia inpatient Unit & Older Adult Community Mental Health
 Dec 2015
- Set up a psychology presence on the ward
 - Individual assessments (cognitive and mental health) and therapy with older adults, including to help determine capacity
- Band 8a
- Ran several groups:
 - Carers group – for carers to reflect on their experiences
 - Coming to terms with dementia – for clients to reflect on their diagnosis
 - Dementia care tool – for staff to reflect on the patients and their behaviour
 - Attended complex case meetings, family meetings, ward round and team meetings
 - Provided consultation to staff
 - Ensuring our service was meeting CQC requirements
- Nov 2013 - Barts Health NHS Trust – Chronic Pain
 Dec
- Individual Therapy and MDT work for chronic pain, depression, anxiety and trauma
 - Attended weekly MDT consultation groups
- Band 8a
- Set up Chronic Pain Groups with English and Bengali Speaking groups
 - Collected and audited data on groups
 - In charge of continuing professional development for staff
- Apr 2013- South London & Maudsley Trust – IAPT Service & Psychological Medicine Service
 Dec 2013
- Conducted individual therapy and assessment for a range of complex cases
 - Offered teaching to staff on health psychology topics
- Band 7
- Worked with COPD, chronic itches, IBS, body dysmorphic disorder, arrhythmia, as well as mood disorders and weight loss
 - Assessed clients for suitability for surgery
- Oct 2011- North Essex Partnership Foundation Trust: Complex Case Service
 Jun 2013
- Individual work with the following mental health difficulties: depression, anxiety, OCD, hoarding, psychosis, bereavement, sexual abuse, panic disorder
- Band 7
- Cognitive and capacity assessments, disability assessments, autism assessments and dementia assessments
 - Worked in an adult autism assessment service
 - Consultation work with CMHT staff
 - Set up and ran the following groups:
 - Bipolar group
 - Psychosis group
 - In charge of organising trust wide teaching on mental health topics.

Therapeutic approaches used:

Cognitive behavioural therapy, Cognitive Analytic Therapy, Acceptance Commitment Therapy, Exposure Response Prevention, behavioural, motivational interviewing, mindfulness, systemic, attachment, cognitive remediation therapy, narrative therapy, metacognitive therapy for psychosis

Publications:

Hung I, Appleton P (2015). To Plan or not to Plan: The Internal Conversations of Young People Leaving Care. Qualitative Social Work, 0, 1-20.